



2022 COLORS OF PROVENCE

With 3 Nights in Paris & 3 Nights in Barcelona

13 Nights / 16 Days • Travel to Paris, France & Return from Barcelona, Spain

Aboard AmaKristina • Escorted from Honolulu

March 12 – 27, 2022 • Tour Manager: Bryan Wauke

COUNTRIES: France **RIVERS:** Rhône River

INCLUDED FEATURES:

- 3-nights hotel in Paris at the Renaissance Arc de Triomphe (or similar), including city tour, Montmartre, illumination tour and daily breakfast
- Transfer from hotel to Lyon via high-speed TGV train
- 7-nights luxury accommodation in an outside stateroom (most with outside balconies)
- Transfer from the ship in Arles to Nimes with highlights tour and then high-speed TGV train to Barcelona
- 3-nights hotel in Barcelona at the Renaissance Barcelona (or similar), including daily breakfast
- Personalized service from a highly trained Cruise Manager during both cruise and land programs
- Immersive tours in every destination with knowledgeable guides

- Welcome Cocktail, Welcome Dinner, Captain's Cocktail, and Gala Dinner
- Regionally inspired cuisine made with locally sourced ingredients
- Unlimited fine wine, beer, and soft drinks with lunch and dinner
- Unlimited sparkling wine and fresh juice with breakfast
- Sip and Sail Cocktail Hour with complimentary wine, beer, spirits, and soft drinks
- Tapas, sandwiches, snacks, and refreshments served daily in the Main Lounge
- Bottled water replenished daily

HEALTH & SAFETY PROTOCOLS [◇]

The world has changed; however, our commitment to the health and safety of our guests and crew remains of the utmost importance to us. We want to reassure you that we are working with global health authorities and local governments in the U.S. and around the world to follow all the most up-to-date health and safety protocols, some of which we have summarized for you below. Our experienced staff and crew have undergone special training and will be advised and guided by a Public Health Officer. As always, our crew will be on hand to take care of all the details so you can relax and enjoy your much-anticipated river cruise vacation.

FOR OUR GUESTS Whether you are a loyal past guest or are considering river cruising with us for the first time, we thank you for entrusting AmaWaterways with your future river cruise plans. Here are some of the measures we are taking to protect our guests on board and ashore:

PRE-CRUISE

- **Online Health Questionnaire:** Prior to boarding, an online health and contact screening questionnaire will be required.

EMBARKATION

- **Temperature Check:** At embarkation, guests' temperatures will be taken with no-contact infrared thermometers. If, for any reason, further testing is required, shoreside medical treatment centers are within close proximity.
- **Sanitized Luggage:** Your luggage handles will be sanitized before delivery to your stateroom.

EXPLORING ASHORE

- **Social-Distance Technology:** Your personal portable Quietvox commentary systems will allow you to hear guides while social distancing.
- **Exploring Ashore:** Shore excursions will be conducted in small groups. Guests must use hand sanitizers when getting on and off our coaches that are thoroughly cleaned each morning. In the event that ships are docked side by side, guests will be required to pass over Sun Decks.

ONBOARD

- **Face Coverings:** Protocols continue to change; however, at this time, guests are required to wear face coverings when moving through public spaces.
- **Cleaning & Disinfecting:** We will have ample hand sanitizers available throughout the ship and their frequent use is required by all guests and crew. Our crew has implemented enhanced cleaning and disinfecting measures throughout the ship.
- **Clean Air:** We use state-of-the-art fan coil air conditioning units; there is no recirculating of air on board our ships.
- **Social Distancing:** There will be limitations to the number of guests allowed to sail with us.
- **Safe Dining:** Safety and social distancing will be enhanced throughout our dining room.
- **Excise & Wellness:** You will still get plenty of fresh air and exercise as our bicycles, fitness mats and equipment will be thoroughly sanitized after each use. Use of the Fitness Room is by appointment with cleaning time between use. Throughout Europe and Asia, we provide a variety of onboard wellness activities led by professionally trained Wellness Hosts. Whenever weather permits, these small-group classes will be held on our spacious open-air Sun Decks.
- **No Visitors On Board:** Non-essential visitors are not permitted on board.

We are continuously monitoring the updates from global health authorities and local governments in the U.S. and around the world with regards to the ongoing situation. These temporary conditions are subject to change or withdrawal at any time. Please contact us with any questions or see our Travel Advisory FAQ.

Please note: As new information becomes available, the Health and Safety Protocols below will be updated. Further details will be provided in your Digital Travel Documents prior to departure.



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[◇] Enhanced protocols are subject to change by local authorities and may vary in certain destinations. [†] Early Booking Discount is per person. Purchase of Non-Stop Travel's complete Air and Land Package is required. ^{**} Earn Rewards Every Time You Refer a Friend. For each "New-to-Non-Stop Travel" customer you refer, both you and your referral can receive a \$25 discount off your next NST escorted group. 100421



Select Sightseeing is included in tour. Additional optional tours are available for purchase through AmaWaterways.

Day 1: Sat, Mar 12 – HONOLULU. Depart Honolulu.

Day 2: Sun, Mar 13 – IN TRANSIT.

Day 3: Mon, Mar 14 – PARIS, FRANCE. Welcome to Paris, the “City of Lights.” Paris is France’s capital and a major European city known for being a global center for art, fashion, gastronomy and culture. After completing arrival formalities, transfer to the hotel. RENAISSANCE ARC DE TRIOMPE or Similar (3 Nights)

Day 4: Tue, Mar 15 – PARIS. Enjoy a **morning tour** taking in the signature sites of Paris, including the awe-inspiring **Arc de Triomphe** and iconic **Eiffel Tower**. The remainder of the day is at your leisure to explore the city on your own. (B)

Day 5: Wed, Mar 16 – PARIS. Enjoy a full day at your leisure to discover more of this romantic city, such as the world-renowned Louvre Museum or Musée d’Orsay. Perhaps go shopping in the Faubourg Saint-Honoré district or simply relax and spend the day like a local – by scoping out a local café for a café au lait, toasted baguette or croissant. In the evening, visit Montmartre, long known as the city’s premier artist’s enclave. During the mid to late 1800s, artists also began calling Montmartre home. Pissarro and Jongkind were two of the first to live there, followed by other notable artists, including Edgar Degas, Henri Matisse, Toulouse-Lautrec, Pierre-Auguste Renoir and Pablo Picasso. You’ll be taken on an evening illumination tour, discovering why Paris is renowned as the “City of Light.” (B)

Day 6: Thur, Mar 17 – PARIS – LYON – EMBARK AMAKRISTINA. Check out of your Paris hotel and head to the train station to board the **TGV high-speed train** through the French countryside to Lyon. Once in the “food capital of France,” marvel at an **indoor market hall** where you’ll have a chance to **sample of the delicacies offered by butchers, bakers, chocolatiers and cheesemongers** while taking in the colorful sights and enticing aromas around you. Afterward, embark the AmaKristina in Lyon for your Colors of Provence cruise. (B, D)

Day 7: Fri, Mar 18 – LYON. Discover dynamic Lyon, starting in **Fourvière Hill**, part of the city’s historic region that is now a designated UNESCO World Heritage Site and home to the **19th century basilica Notre-Dame de Fourvière**. Continue on to the old town of Lyon, followed by a **guided walk** through the **St. Jean district**, where you will be introduced to the **city’s unique covered walkways, known as “traboules.”** Alternately, **join a guided bike tour through the city** designed with cyclists in mind. In the afternoon, enjoy the rest of your day at your own leisure to explore the city. (B, L, D)

Day 8: Sat, Mar 19 – VILLEFRANCHE-SUR-SAONE. Travel to the **Beaujolais wine region** – known as the **Pays d’Or** or “land of the golden stones.” Indulge in a **wine tasting** at a traditional winery and **learn about the history and techniques of their vineyard**. (B, L, D)

Day 9: Sun, Mar 20 – VIENNE – TOURNON. Situated between the wine regions of Beaujolais and Côtes du Rhône lies Vienne with a Roman past that can be seen in its marvelously preserved ruins. Follow the footsteps of the ancient Romans on a **walking tour** to see the amazingly well-preserved **Augustus and Livia Temple**, the **Saint Maurice Cathedral**, a **Gothic church that took more than 500 years to build**, and **St. Pierre Abbey – one of the oldest surviving churches in France**, and now an Archaeological Museum. For those wishing to be more active, you can either take a **guided hike from the ship to the Monastery at Mount Pipet** or a **guided bike tour along a portion of the ViaRhôna bike route**. (B, L, D)

Day 10: Mon, Mar 21 – TOURNON. You have a **choice of three excursions**. Take an exclusive **private train ride** past magnificent landscape carved along the Gorge du Doux, stopping at the charming **little station of Colombier le Vieux-Saint Barthélemy le Plain**, where the train maneuvers in preparation for its return journey. Alternatively, **lovers of wine and chocolate** will want to visit **Le Château de Tournon** for a **presentation and tasting on the pairing of red wine and chocolate**. For a **more active adventure**, take a **hike through the vineyards of Tain l’Hermitage**, followed by a **visit to a local winery** where you’ll **sample some of the wines**. (B, L, D)

Day 11: Tue, Mar 22 – TARASCON – ARLES – AVIGNON. Provençal town Tarascon is known for its medieval architecture and charming tales – especially the **legend of the Tarasque monster**. Join a **guided walking**

CATEGORY	FARE
Cat E – Fixed Window / Piano Deck	\$8,379 \$7,379
Cat D – Fixed Window / Piano Deck	\$8,678 \$7,678
Cat CB – French Balcony / Violin Deck	\$9,178 \$8,178
Cat CA – French Balcony / Cello Deck	\$9,478 \$8,478
Cat BB – French Balcony & Outside Balcony / Cello Deck	\$10,078 \$9,078
Cat BA – French Balcony & Outside Balcony / Violin Deck	\$10,278 \$9,278
Cat AB – French Balcony & Outside Balcony / Cello Deck	\$10,478 \$9,478
Cat AA – French Balcony & Outside Balcony / Violin Deck	\$10,678 \$9,678
Suite – French Balcony & Outside Balcony / Violin Deck	\$11,978 \$10,978
Air & Land Deposit: \$250 per person • Cruise Deposit: \$400 per person • Final Payment Due: 11/12/21	

tour where you’ll visit the **Roman ruins of Arles** such as its **Roman Amphitheater** and the **Church of Saint Trophime**, famous for its Romanesque architecture. **Alternatively, you can enjoy a bike ride along the Rhône**, through town to the **Langlois Bridge, a famous subject from several Vincent Van Gogh paintings**. And for those who wish to delve further into Van Gogh’s Arles, join a special walking tour along with a visit to the Vincent van Gogh Foundation, showcasing his legacy. During the afternoon, you’ll visit the enchanting medieval fortress, the **Castle of Tarascon** – a fortress designed to protect but surprises all with its elegant interior, fit for royalty. Or, delve deeply into the **Carrières de Lumières**, where you’ll be treated to a spectacular presentation of art, sound and history projected on the former limestone quarry walls of caves. Alternately, you can enjoy an excursion to explore the medieval, walled village of **Aiges-Mortes**. Then, you’ll drive to the beautiful **Camargue National Park**, a protected natural territory that lines the Mediterranean Sea south of Arles. Afterwards, venture to the medieval hilltop village, **Les Baux de Provence**. In the evening, enjoy an **illuminations cruise around Avignon**. (B, L, D)

Day 12: Wed, Mar 23 – AVIGNON. Depending on your interests, you have **three choices of excursions** for the morning. Avignon, **aply named the “City of Popes,”** was the **center of the Catholic Church in the 14th century** when its **“Palais des Papes”** was the **equivalent of today’s Vatican**. Discover the **history of Avignon** on a **guided walking tour** that includes the **Papal Palace** and the well-preserved medieval walls surrounding the historic center of town, a UNESCO World Heritage Site. You can **visit three venues around Avignon to taste regional specialties** including **macarons, cheese and wine, and tapenades** or you can **enjoy a bike tour**. During the afternoon, you can go to another UNESCO World Heritage Site, the impressive **Pont du Gard, a Roman aqueduct** that is a masterpiece of ancient engineering. **Alternately, you can go to the magnificent hilltop village, Grignan**. After visiting this enchanting Provençal town, **go in search of the highly prized “Black Diamond” truffles with a farmer and his trustworthy canine companion**. (B, L, D)

Day 13: Thur, Mar 24 – AVIGNON – DISEMBARK AMAKRISTINA – BARCELONA, SPAIN. **Disembark your ship** in Avignon and board the **TGV high-speed train** to the city that inspired Antoni Gaudí and is certain to inspire you. RENAISSANCE BARCELONA or Similar (3 Nights) (B)

Day 14: Fri, Mar 25 – BARCELONA. Barcelona, the bustling **capital of Catalonia**, is an artist’s, architect’s, foodie’s, historian’s and curator’s dream. Tour the cobblestoned lanes of the **Gothic Quarter** in the medieval city center and Las Ramblas. See some of Antoni Gaudí’s imaginative architectural creations, **La Sagrada Família**. (B)

Day 15: Sat, Mar 26 – BARCELONA. Join an **excursion to the mountain Montserrat**, which is home to the Benedictine monastery of **Santa Maria de Montserrat**, located about 30 miles from Barcelona. Once there, you’ll **ride a scenic funicular to the top of the mountain** and experience an indescribable view of the Catalonia landscape. The monastery, **officially founded in 1025**, soon began to receive pilgrims and visitors who contributed to the **spread of stories of miracles and wonders performed by the Virgin Mary**. The whole of Montserrat is built around facilitating **the worship of the Black Madonna** in the Basilica. While here, you’ll see the famous **Black Madonna sculpture**, which sits at the back of the church, above the altar area. The stairway leading to the statue, plus the room and altar in which the statue sits are ornate, golden and pay tribute to the wonder that is the Virgin herself. (B)

Day 16: Sun, Mar 27 – BARCELONA – HONOLULU. Bid Farewell to Barcelona as you prepare for your homeward flight. Depart Barcelona. Arrive Honolulu the same day. Aloha and Welcome Home. (B)

* Fares are per person, USD based on double occupancy for a Cat E Fixed Window Stateroom aboard AmaKristina and INCLUDE ALL AIRLINE TAXES AND FEES. Airline fuel supplements, taxes and fees are subject to change and tour member is responsible for any increases. Some airline-imposed personal charges, including but not limited to baggage, priority boarding and special seating, may apply. For details visit www.tripadvisor.com/AirlineFees. After initial deposit, a \$75 per person Non-Stop Travel (NST) Cancellation Fee will apply. Group departures may be cancelled, if there are less than 24 tour members. Final Payment to NST for “non-cruise/line” Air and Land Package must be made by Money Order or Personal Check. NST does not guarantee that all tour members will fly together with Tour Manager. Tour Manager assignments, number of meals offered on tour, tour price, discount, and the “final” tour itinerary are subject to change with/without notice. **NST reserves the right to correct errors or omissions including but not limited to, fares, fees and surcharges at any time.** Travel to Europe in 2022 will require a Visa or Visa Waiver – price of this Visa or Visa waiver is not included in the price of this tour. **Special Assistance:** You must notify NST, at time of reservation, of any disability requiring special attention. NST reserves the right to cancel your booking or terminate your vacation if your special needs or disabilities are not suitable for the vacation or if you are not traveling with a companion who will provide all the assistance you require. **Wheelchair and Electric Scooter access outside of the USA is severely restricted.** 100421